

Dr. Tana M. Session, PHR, GPHR, SHRM-SCP



Dr. Tana M. Session is the CEO & Founder of **TanaMSession.com**, a certified Women Minority Business Enterprise (WMBE) with over 20 years of Human Resources experience. Dr. Session specializes in cultural engineering, facilitated experiences and leadership & organizational development. She has spent 10 years as the top Human Resources executive for both domestic and international organizations where she led various change initiatives and up-leveled entire departments, including talent, systems and infrastructure. She has partnered with hi-tech start-ups and fast-growth companies as well as McDonald's, Topa Insurance Group, Thermo-Fisher Scientific, Xerox, Cognizant, Citibanamex, and many other multi-national for-profit & not for profit organizations. Her experience has enabled her to embed her passion for Diversity, Equality & Inclusion in everything she develops and implements. Tana was recently recognized as a **“Top Company Culture Consultant”** by Fond.co and a **Huffington Post “Top Female Expert to Follow,”** and in 2019, Tana received her Honorary Doctorate (PhD) degree in Philosophy/Humane Letters. Tana is the official LinkedIn Learning expert for Diversity & Inclusion in recruiting and interviewing and was also recognized by Forbes as a **“Top Diversity & Inclusion Business Leader.”** Dr. Session is an international speaker who has spoken at professional events throughout the U.S. as well as Bangkok, Dominican Republic, Cuba and Jamaica.

Tana completed her undergraduate degree in Business Administration and her MBA in Organizational Psychology & Development. Recognized by the University of Phoenix as one of its Distinguished Alumni of Southern California, Tana also joined the team of UCLA Extension and California State University – Long Beach as an Instructor/Adjunct Professor. In 2019, Tana was selected as the only MBA alumni in American InterContinental University's history to speak as the keynote speaker for the commencement ceremony where she shared a powerful message to over 7,000 attendees in Houston and Atlanta.

Tana is the author of multiple books, including the #1 Best-seller ***Get Your Career Life in Order***. Tana is a recognized media contributor and has been a contributing writer for **Forbes.com** and **BlackEnterprise.com**, and has been featured in **Huffington Post**, **Essence Magazine** and on various television, syndicated radio and podcast shows. She has also been a contributing Lifestyle Segment co-host for the nationally syndicated talk radio show, **“In the Know,”** where she shared career and motivational advice.

In her free time, Tana likes to travel and spend time with family and friends. In June 2014, Tana and her family relocated from New York to Los Angeles. She now enjoys getting to know her new home state.